

Ida Sand
My Soul Kitchen
with Stockholm
Underground

ACT



Ida Sand & Stockholm Underground

My Soul Kitchen

ACT 9736-2

- 01 Take Me To The River
- 02 Where The Hell Are You
- 03 Crash & Burn
- 04 Please Don't Hurt My Baby
- 05 I Believe To My Soul
- 06 Born On The Bayou
- 07 I Have Nothing Left For You
- 08 Just Kissed My Baby
- 09 Empty Bed Blues
- 10 If You Don't Love Me
- 11 It's Your Voodoo Working
- 12 Spooky

Produced by Nils Landgren and Siggı Loch
Executive Producer: Siggı Loch

Ida Sand / vocals & piano

Stockholm Underground:
Jesper Nordenström / keys
Henrik Janson / electric guitar
Lars DK Danielsson / electric bass
Per Lindvall / drums
Magnus Lindgren / reeds

Ola Gustafsson / electric & acoustic guitar
Paris Renita / background vocals
André de Lang / background vocals
Andreas Dahlbäck / background vocals
Nils Landgren / trombone & vocals

Soul music is such a broad genre. There's funky soul, blue-eyed soul, neo soul, RnB, New Orleans soul, Motown-soul, etc. This album is a blend of those different types of soul music. And putting them together with my own songs, what we have made is a tasty musical stew. There is one composer/artist in particular who has had a huge impact on me and that is Ray Charles, so of course he is represented on this album. I heard Ray Charles as a kid, I think it was "Let the Good Times Roll" and I was dazzled right away. The way he treated the lyric, his rawness and that rhythmic piano really captured me. He has a way of singing from his heart, and that has been – and still is – my goal as a singer too. Always from the heart. In my opinion, soul music stands out as the genre that has the best voices on Earth: Stevie Wonder, Aretha Franklin, Donny Hathaway, Al Green... These voices, and others, have kept millions of people spellbound for many decades – including me.

When I was 17 I really wanted to go to Fasching jazz club in Stockholm to listen to Nils Landgren and his Funk Unit – Henrik Janson, Lars DK Danielsson and Per Lindvall were in the band at the time (Jesper Nordenström also became part of the Funk Unit a few years later). I was excited because these were the very best musicians I knew about. But to my disappointment it turned out I was too young, and the door-man said he couldn't let me in. I started crying, and he felt so bad for me that he did let me in, on the condition that I promised not to drink. During the show, I remember saying to myself; "Imagine if I could play with these guys some day"... And now I do! There are no words to describe the joy and privilege that it is for me to have these fellas on my CD. They have an outstanding sound, and they are such great craftsmen at what they do that it sounds fantastic on the first take – every time! We spent 3 days together at the legendary Atlantis Studio and let me just say it was a smooth ride. Not only did the band deliver some great live tracks, Magnus Lindgren also showed up with some fantastic horn arrangements. To see this genius at work is such a treat. He is by far one of the most inspiring musicians I know. His mind and his playfulness with music are one-of-a-kind. Together we "cooked" an album for you: "My Soul Kitchen".

Just put a casserole on, invite some friends over, and let soul music be the soundtrack for your evening. You will have a great time – I'll guarantee ya!

Ida Sand, May 2018

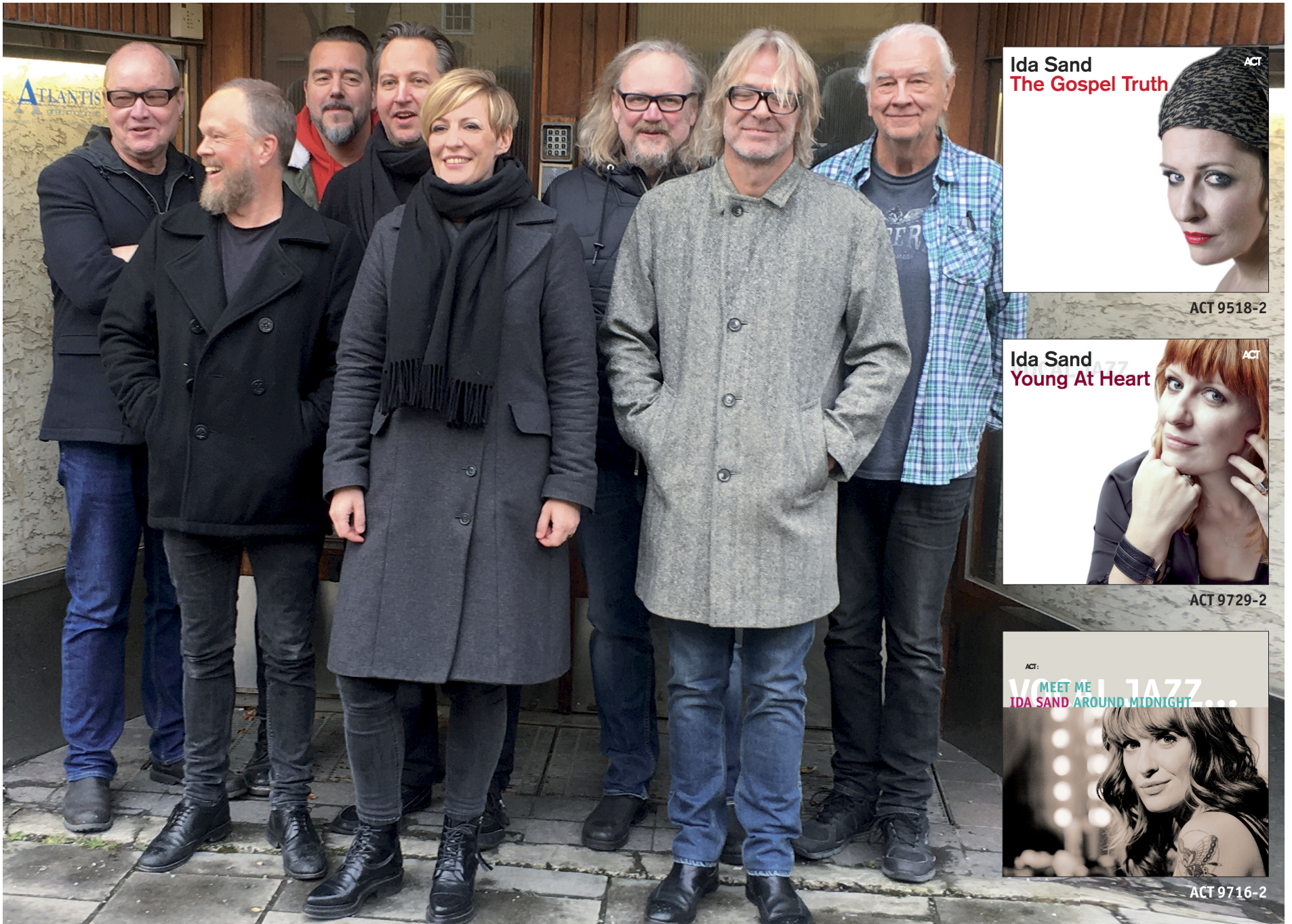


- 01 Take Me To The River** (Al Green & Mabon L. Hodges) 3:26
- 02 Where The Hell Are You** (Ida Sand) 3:32
- 03 Crash & Burn** (Ida Sand) 3:02
- 04 Please Don't Hurt My Baby** (Stevie Wonder) 3:41
- 05 I Believe To My Soul** (Ray Charles) 3:54
- 06 Born On The Bayou** (John Fogerty) 3:39
- 07 I Have Nothing Left For You** (Ida Sand) 4:34
- 08 Just Kissed My Baby** (Joseph Modeliste, Arthur Neville, Leo Nocentelli & George Porter) 3:55
- 09 Empty Bed Blues** (J. C. Johnson) 3:36
- 10 If You Don't Love Me** (Ida Sand) 4:37
- 11 It's Your Voodoo Working** (Charles Sheffield) 2:45
- 12 Spooky** (Harry Middlebrooks Jr & Mike Shapiro / James Cobb & Buddy Buie) 3:30

All songs arranged by Ida Sand
Horn arrangements by Magnus Lindgren

Ida Sand / vocals, piano & wurlitzer
Jesper Nordenström / Hammond organ, synthesizer, clavinet & Fender rhodes
Henrik Janson / electric guitar
Lars DK Danielsson / electric bass
Per Lindvall / drums & percussion
Magnus Lindgren / baritone & tenor saxophone, flute, alto flute & clarinet

Guests:
Ola Gustafsson / electric & acoustic guitar
Paris Renita & André de Lang / background vocals (1, 3, 6, 7, 8 & 11)
Andreas Dahlbäck / background vocals (11)
Nils Landgren / trombone & vocals (10)



ACT 9518-2



ACT 9729-2



ACT 9716-2